

A 1908 RECIPE FOR HAPPINESS

By ELLA WHEELER WILCOX.
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It was always my theory that a broad nature is capable of many true friendships. One friend appeals to you for one reason, another for some other. Friendships are the heart's library. The serious friend is the book of philosophy; the merry friend, the book of humor; and there are the poet, the author, and the historian, all to be represented. Even as no book crowd another on our shelves, so no friend should crowd another in our hearts. And in friendship lies a road to happiness.

"But you will find friends insincere, and friendship but a name," predicted the realist. "You will suffer disillusionment, and it will be more than any friendship can atone for. Keep to yourself, and avoid the awakening from a useless dream."

Still I pursued my course. I formed many ties of friendship. Some were true, and some were not; but one great truth came home to my heart: to reach there always. In being a true friend, and worthy of true friendship, lies the road to real, lasting happiness.

When this consciousness became a part of my mental equipment, the disillusionments and disappointments of friendship ceased to be more than passing shadows on my life, and beautiful and beneficial associations increased with the years.

With an overwhelming desire for the pleasures of the world, I often found myself standing between two paths. One led to the enjoyment I craved, and the other to some other which meant a sacrifice of the longed-for pleasure.

Whenever I chose the pleasure, I found it an ignis fatuus, which vanished as I pursued it, and left me nothing but disappointment and remorse. Whenever I chose the duty, even in a rebellious spirit, and performed my task half-angrily, merely because my conscience, like a stern teacher, said I must, I was invariably surprised to find happiness greeting me before the end of the journey. So, as I continued along life's winding way, I found the path of the nearest duty leading with certainty into the road of happiness, if persistently pursued.

Looking for the best quality in whomever I encountered, for the beauty in every face I saw, and for the pleasure in every experience of life, has proved a means of incalculable happiness to me.

When forced to see the ugly and disagreeable in any one, I made a mental note of how one might be remedied, and the other avoided; as, whatever was beautiful might, in some measure, be cultivated, and whatever was agreeable might be emulated.

This gave me the very human satisfaction of criticizing my fellow mortals, but at the same time helped me to seek for the good and the beautiful in them, rather than for the opposite qualities.

Whatever we seek we shall find; and the pursuit will become fascinating. In everything which I studied I found another road to happiness. A few terms of instruction in music unfolded a new world of delight to me, and it has been a source of life-long regret that I abandoned the study. In acquiring some knowledge of the French language, my happiness was materially augmented. Dancing, swimming, and other athletic sports and accomplishments, I consider great additions to human happiness.

As life advances, I find my powers

of enjoyment enlarging, and the opportunities for happiness increasing. I think this is greatly due to the fact that I have cultivated my naturally optimistic temperament.

Expect to be happy! That is the first step in the journey to any goal. Expect to arrive!

Believe your Creator is all love, and that He is holding health, happiness and plenty for your enjoyment here, where He placed you, on earth.

Pray often, and think much of the world of beautiful, loving angels, who care for God's children.

Believe that you are never alone. Inexpressible happiness will be found to lie in this thought.

Do your nearest duty first, no matter how trivial or mean or disagreeable it may seem. Yet be certain it is your duty, before you sacrifice other things which might prove of greater moment. For instance, I recall people who assured me my duty was to stop scribbling and relieve the older members of the family in the housework.

Fortunately, this advice did not come from within the home, but from without. I did not heed it. I continued "scribbling," and was able to do far more for my parents, in a few years, than I could have done in a lifetime sacrificed in the kitchen. Let your own conscience decide for you what your duty is. It rarely deceives.

Be careful in your choice of books, and form a habit of reading good literature, and of thinking about what you read.

Find out, as early as possible, what you can best do, and do it with all your might, and expect to succeed, no matter what obstacles you may encounter. Cultivate a philosophical vein of thought. If you have not what you like, like what you have until you can change your environment.

Do not waste your vitality in hating your life; find something in it which is worth liking and enjoying, while you keep steadily at work to make it what you desire. Be happy over something every day, for the brain is a thing of habit, and you cannot teach it to be happy in a moment if you allow it to be miserable for years.

Make yourself worthy of true friendship, and lasting respect, and worthy love; and, if any of these emotions seem to prove ephemeral, remember, they were not the realities—the real ones will come to you, since you are worthy.

Acquire all the knowledge and accomplishments possible, and enter into studies and sports with all your energies. They help to round life out, and to keep the mind fed with a varied diet, while they open new doors of pleasure and enjoyment.

Form a habit of trying to do some little act to add to the comfort and pleasure of some living thing—man or beast—every day of your life. If you do no more than to feed a starving cat, speak kindly to a lost dog, or loose the cruel check of a misused horse, you have traveled a step toward happiness, and have not lived the day in vain.

Practice doing your best, but do not be miserable if some one excels you. Be willing to be your own best self, which is all that is required of us. A full pint measure is as full as a full quart. Look for the best in people and in life. When the worst presents itself, remember, there is another side. Wait, and it will appear.

Teach yourself early in life to be glad of another's success, sorry for another's failure. The moment you entertain the opposite feeling, you invite ultimate disaster to your life. The

thoughts you send forth will come to you as events, finally. Thought is the main road to happiness. As you think, so shall your life be. Circumstance and environment are changed by intense thought-action. Happiness comes mainly from neither. Every day we hear and read of successful men and women, judged from the worldly standpoint, who are miserable and unhappy. The suicide of the rich and prosperous is too common. Nevertheless, prosperity, friendship, success, and, best of

...THE STORE OF SUPERIOR QUALITY AND MODERATE PRICES...

The Great Hopkins Furniture Sale!

HAS CLOSED AFTER A VERY SUCCESSFUL CAMPAIGN

But for the benefit of those unable to attend the last great cash-raising sale we have allowed many of the cut-price tags to remain on our stock. All through the store will be found many tempting prices same as we gave during our great cash-raising sale, and you can have it *charged*.

A FEW EXTRA SPECIALS FOR THIS SALE

Go-Carts	Refrigerators and Ice Chests	Dressers	Chairs and Rockers	Beds! Beds! Beds!
Here they are. Baby's delight and mother's pride. Nothing too good for the baby.	We have six, slightly soiled, that sold up to \$25.00; will close out, as long as they last, for.....	The quality cannot be shown in a picture. Come, see the care in the finish and construction. Judge by that. The sale prices are to be remarkably low.	SPECIAL LEADER NO. 1. 100 dozen Dining Chairs, former values 75c to \$1.00, to be sold, as long as they will last at.....	Regular \$1.00 value, sale price.....
\$2.50 Folding Go-Carts, sale price.....	Regular \$15.00 Refrigerator, sale price.....	A Solid Oak Dresser, three full drawers, with French plate mirror; regular price \$5.00, sale price.....	39c	\$1.98
\$5.00 Folding Go-Carts, sale price.....	Regular \$20.00 Refrigerator, sale price.....	Large Solid Oak Dressers, French bevel plate mirror; former price \$10.50, sale price.....	69c	\$2.48
\$10.00 Go-Carts, sale price.....	Regular \$25.00 Refrigerator, sale price.....	\$12.50 Dresser for only.....	Regular \$1.25 value Chair, in wood seat; sale price.....	Regular \$6.50 value, sale price.....
\$15.00 Go-Carts, sale price.....	Regular \$30.00 Refrigerator, sale price.....	\$18.50 Dresser for only.....	Regular \$2.00 value Chair, solid oak, cane seat; sale price.....	Regular \$6.50 value, sale price.....
		\$20.00 Solid Quarter Sawn Dressers.....	Neat and well made Sewing Rocker; \$1.25 value, sale price.....	Regular \$3.00 value, sale price.....
			Handsome Leather Cocker Seat Rocker, six-spindle, solid oak and nicely finished; regular \$4.00 value, sale price.....	Regular \$10.00 value, sale price.....
				Regular \$30.00 value Brass Beds, sale price.....

Come

see the marvelous bargains—greatest of all money-saving events. Tell your friends and neighbors and let them profit.

Hopkins Furniture Company,

7 & 9 WEST BROAD STREET

Cash if You Have It--Or We Will Arrange for You.



Extra Special!
A Few Slightly Soiled Pillows, to go at 25c each.
Pictures, 10c.

\$50 Given Away

Boyd's Pure Phosphate Baking Powder

Guaranteed Under Pure Food and Drugs Act, June 30, 1906. Serial No. 10777.

Contest for Boys and Girls.

On April 1, 1908, we will give Prizes valued at \$50.00 for the greatest number of names cut from the fronts of the label on the cans of our Baking Powder. If your regular grocer will not give you Boyd's Baking Powder, call us up by Phone No. 4860, and we will tell you the nearest place where you can get it. Our advertisements from time to time will include a coupon, which coupon, if sent in to us or to Tompkins' Bicycle Store, 207 West Broad Street, with one or more names on or before the date named on the coupon, WILL DOUBLE THE VALUE of each name—one name from a half-pound can and a coupon will count two; two names and a coupon will count four, etc.; one name from a one-pound can and a coupon will count two; two names and a coupon will count four, etc.. Watch our advertisements on Tuesdays, Fridays and Sundays in The Times-Dispatch, and from time to time, for other coupons which will double the value of names. The Double Value Coupons will not appear in every advertisement, but only on certain dates will they appear; therefore, keep your eyes on the advertisements, as they appear on Tuesdays, Fridays and Sundays. Our name from half-pound cans count ONE; our name from one-pound cans count TWO, and when sent in with coupons, each name in its respective class will be DOUBLED in value.

Start at Once to Save W. C. Boyd & Co. Names and Participate in This Contest.

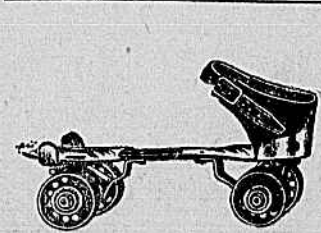
The Six Prizes

The boy or girl sending in the largest number of names (W. C. Boyd & Co.) between now and April 1, 1908, will receive a \$25.00 Bicycle; the next largest number will receive a \$12.50 Watch; the next largest number will receive a \$3.50 pair of Roller Skates; the next largest number a pair of \$3.50 Roller Skates; the next largest number a \$2.50 pair Roller Skates, and the next largest number a pair of \$2.50 Roller Skates.

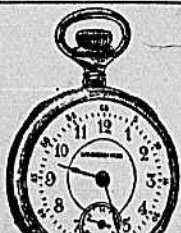
Six Leading Contestants

Named in the order of their standing, as per the count made yesterday at 10 A. M.:

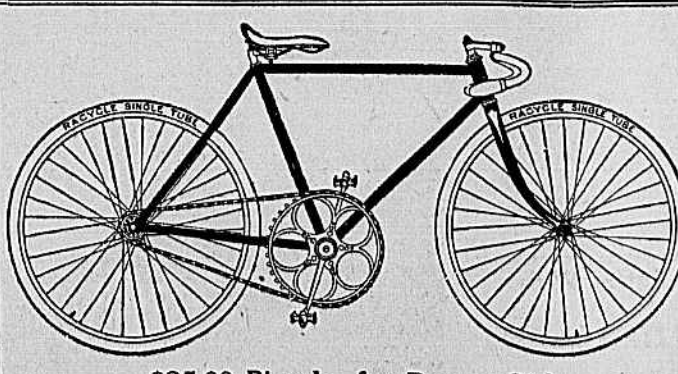
1. ALLAN L. WILLS.....No. 1006 West Main Street.
2. WILLIAM YOUNG.....No. 1414 Park Avenue.
3. WILLIAM PENICK.....No. 6 South First Street.
4. ANNA M. ELLISON.....12 Massenburg Street, Hampton, Va.
5. JOHN R. GOODE.....No. 203 North Thirty-sixth Street.
6. HARRY TOMPKINS.....No. 10 North Plum Street.



ROLLER SKATES, cold rolled steel, oscillating trucks, adjustable rubber cushions, reinforced throughout, ball-bearings, "Web" steel ball-bearing wheels, with best grain leather straps.

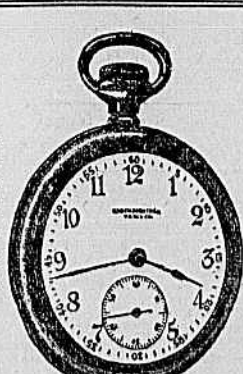


O. SIZE CHATELAIN WATCH, thin model, jeweled, lever escapement, damascened movement, finely adjusted, excellent timepiece, guaranteed to wear 20 years.



\$25.00 Bicycle—for Boy or Girl.

12 SIZE YOUNG GENTLEMEN'S WATCH, thin model, high-grade watch, excellent timepiece, most popular size, jeweled movement, gold-filled, and fully guaranteed to wear 20 years.



These prizes are now on exhibition at Tompkins' Bicycle Store, 207 W. Broad, at which place names and coupons may also be deposited

W. C. BOYD & COMPANY, Mfrs.,

17 South Fifteenth Street.

(PHONE 4860)

Richmond, Virginia.

Virginia Weddings

Chamberlin—Childress.

(Special to The Times-Dispatch.)
CHRISTIANSBURG, Va., February 15.—A marriage of interest to people in all parts of the State, was celebrated in the home of Mrs. Cabell Childress on Wednesday afternoon at 4:30, when her youngest daughter, Miss Katherine Grosvener Childress, became the bride of Mr. Earl Chamberlin, of Boston, Mass. The parlor was artistically decorated with palms, smilax and bride's roses, the color scheme of green and white being beautifully carried out.

The bride entered on the arm of her brother, Mr. G. Cabell Childress, of Bristol, Va., and was met by the groom with his best man, Mr. C. Harrison Schaeffer. The celebrant was the bride's pastor, the Rev. E. E. Lane, of the Presbyterian Church.

The bride wore a tailored costume of brown cloth and carried a bouquet caught with tulle. Mrs. Chamberlin is a regal beauty of a rare and perfect type, having red-gold hair and dark eyes, with a rose-leaf complexion and classic features, and comes from one of the oldest and best-known families in this section of the State. She is considered one of the most beautiful girls of Southwest Virginia, and her charm of manner has made her popular not only in her home town, but in the various places where she has visited.

Mr. Chamberlin is a native of Cleveland, O., but now holds a responsible position with one of the leading business houses of Boston. This marriage is the culmination of a most interesting romance.

Mrs. Childress was assisted in receiving her guests by her daughters, Mrs. C. Harrison Schaeffer, Miss Anne Childress and Mrs. G. Cabell Childress, of Bristol, Va., and Miss Elizabeth Hooper, of Culpeper, Va.

Immediately after the ceremony Mr. and Mrs. Chamberlin left on a bridal tour which will include several of the Northern cities, and will be at home, after March 1st, at 21 Stedman Street, Brookline, Mass.

Burkman—Bradley.
(Special to The Times-Dispatch.)
ARLINGTON, Va., February 15.—A home marriage took place Wednesday night at 7 o'clock, when Miss Susie Bradley became the bride of Mr. John Wesley Burkman. The marriage was a very quiet one on account of the recent death of the bride's father. It was not known outside the immediate family, and was a surprise to the many friends of the couple, who found it out only after the time for the ceremony. Miss Bradley is one of Arlington's prettiest and most charming girls, and Mr. Burkman is a popular business man in this county, who was performed by Dr. Price, of Morristown, an uncle of the groom.

Frye—Williams.
(Special to The Times-Dispatch.)
WINCHESTER, Va., February 15.—Mr. Charles B. Frye, a young merchant of this city, and Miss Mollie V. Williams, of Frederick county, were married in this city to-day by Rev. A. P. Funkhouser, of the United Brethren Church.

WILL SPEAK TO FARMERS
Protective Association Reported to Be Growing Very Fast.
(Special to The Times-Dispatch.)
WINSTON-SALEM, February 15.—President R. K. Simmons, of the Farmers' Protective Association, met a number of tobacco growers here yesterday and arranged for several public speaking engagements in this county under the auspices of the association. Mr. J. O. W. Gravelly, grand lecturer of the association, will speak in this city March 1st, at 1 P. M., at Keokukville, the same date, at 7 P. M., Walkertown, Monday, March 9th, at 7 P. M.; Pfafftown, Tuesday, March 10th, at 1 P. M.; Lewisville, Tuesday, March 10th, at 7 P. M.; Muddy Creek, March 11th, 12 M.

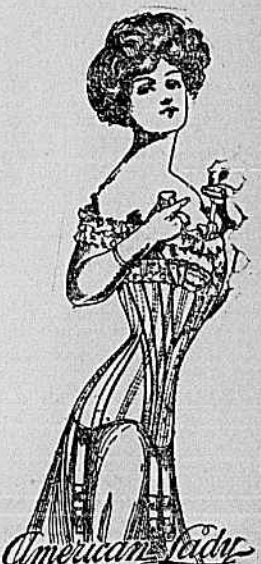
President Simmons says the association is growing very fast, and that the members are very enthusiastic; that the object of the organization is to keep the price of leaf tobacco up so that the producer may get a fair return for his labor. This county will be canvassed thoroughly and he expresses confidence that by next year the association will be able to control the breaks on the local market and thus prevent the big "gluts" and the decline in prices which result therefrom.

VIRGINIA RESORTS.
Nimrod Hall Sold—Eastern Hotel Man Has Eye on Rockbridge Alum.
(Special to The Times-Dispatch.)
MILLBORO, Va., February 15.—A hotel man from Eastern Virginia, of national reputation as a hotel manager, was here a day or two ago looking over the Rockbridge Alum Springs property, with a view of leasing for a term of years. It is said that he was very much pleased, and will probably

lease the property. This is one of the grand old places of the Virginia mountains, and its habitues will be glad to know that there is a prospect of its again attaining its old-time prestige. Nimrod Hall, another popular place in this section was sold some weeks ago to Mr. L. E. Wood. Mr. Wood is arranging to run the place in an up-to-date manner.

Nimrod Hall is the place where the genial, jovial Judge Wilt comes every summer to shake off the cares of judicial life, and gather strength to meet the corroding cares of his high position.

"NEW SNUG HIP"



Wear one of the new spring models of the

American Lady CORSETS

and you solve the question of those long, slender, graceful lines, that NEW SNUG HIP, so fashionable and smart.

Model 150 (like illustration) NEW SNUG HIP

For medium and well developed figures. High bust, long hip and back. Material, batiste, white only. Hose supporters, front and sides. Sizes 18 to 30 Price \$2.50

150 STYLES A Model for Every Figure

\$5 to \$1

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